



OCTOBER

BUFÉ



	WEEK 1 (FROM 01 TO 02)	WEEK 2 (FROM 05 TO 09)	WEEK 3 (FROM 12 TO 16)	WEEK 4 (FROM 19 TO 23)	WEEK 5 (FROM 26 TO 30)
MONDAY		VALENCIAN STEW. CHICKEN SOUP WITH NOODLES. BURGER. FLAMENCO-STYLE EGGS. GROUPEL IN MERY SAUCE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	HOLIDAYS	RIOJA-STYLE POTATOES. CHICKEN AND VEGETABLE RICE STEW. GRILLED PORK LOIN. ONION OMELETTE. PIL-PIL-STYLE COD. CURED MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	FIDEUA WITH VEGETABLES. RUSTIC LENTILS. POTATO OMELETTE. LEMON CHICKEN. FLOUR-COATED ANCHOVIES. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.
TUESDAY		TOMATO SOUP. MACARONI WITH BÉCHAMEL SAUCE. FRENCH OMELETTE. GRILLED TURKEY CUTLET. BAKED SALMON. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	CHICKEN COUSCOUS WITH VEGETABLES. RUSTIC LENTILS. SPINACH OMELETTE. ROAST CHICKEN. MONKFISH IN SAUCE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	CANELONES. CHICKPEA AND PUMPKIN SOUP. SPANISH OMELETTE WITH FINE HERBS. MEAT PIE. HAKE IN SAUCE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	COUNTRY SALAD. CURED ZUCCHINI PURÉE WITH CHEESE. MEATBALLS IN SAUCE. SCRAMBLED EGGS WITH YORK HAM. BREADED COD. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.
WEDNESDAY		RUSSIAN SALAD. CREAMED BEANS WITH SERRANO HAM AND CHANTERELLE MUSHROOMS. BAKED HAKE. SCRAMBLED EGGS WITH CHEESE. MARINATED PORK LOIN. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	PUMPKIN SOUP. FIDEUA. SAUSAGES. SQUID IN SAUCE. SCRAMBLED EGGS WITH MUSHROOMS. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS	ANDALUSIAN GAZPACHO. SEAFOOD SOUP. GRILLED CHICKEN BREAST. SCRAMBLED EGGS WITH BACON. BAKED SALMON. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	CHICKPEA SOUP. VALENCIAN PAELLA. APPETISERS. CHORIZO SAUSAGES. FRIED EGGS. CUTTLEFISH AND PRAWN CROQUETTES. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.
THURSDAY	CHICKPEA SALAD. CHICKEN AND POTATO STEW. COD IN PIQUILLO PEPPER SAUCE. SPINACH OMELETTE. BAKED PORK LOIN, COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	RAVIOLI IN MUSHROOM SAUCE. RICE WITH SWISS CHARD. SIRLOIN IN SAUCE. ROMAN-STYLE SQUID. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	PEAR VICHYISOISE. CUBAN-STYLE RICE. FRIED EGGS. GRILLED CHICKEN BREAST. TUNA CAKE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS	STEWED BEANS. MASHED POTATOES. BREADED HAKE. ROAST CHICKEN IN GRAVY. RURAL-STYLE OMELETTE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	CORDOBA-STYLE SALMOREJO. MACARONI BOLOGNESE. GRILLED TURKEY CHOP. QUICHE WITH BACON, LEEK AND APPLE. SQUID IN SAUCE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.
FRIDAY	COUNTRY-STYLE SALAD. CASSEROLE NOODLES. SCRAMBLED EGGS WITH BACON. OVEN-BAKED CHICKEN WINGS. FLOURED ANCHOVIES. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	HOLIDAYS	POTATO AND PORK RIB STEW. SPAGHETTI ALL'AMATRICIANA. GROUPEL IN MERY SAUCE. LEAN PORK WITH TOMATO. SCRAMBLED COURGETTE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	QUINOA WITH CHICKEN AND VEGETABLES. PASTA SALAD. SCRAMBLED ZUCCHINI. CHICKEN BURGER. MONKFISH WITH GARLIC AND PEPPER. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.	TUNA MARMITAKO. POULTRY SOUP. FRENCH OMELETTE. BAKED CHICKEN WINGS. HAKE IN GREEN SAUCE. COLD MEATS. VEGETABLES. VALENCIAN SALAD. ASSORTED DESSERTS.

