



# SEPTEMBRE

## BASE MENU



|           | WEEK 1 | WEEK 2<br>(FROM 09 TO 11)                                                                                   | WEEK 3<br>(FROM 14 TO 18)                                                                                                                          | WEEK 4<br>(FROM 21 TO 25)                                                                                      | WEEK 5<br>(FROM 28 TO 30)                                                                                      |
|-----------|--------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| MONDAY    |        |                                                                                                             | CHICKEN SOUP WITH NOODLES.<br>SCRAMBLED EGGS WITH CHEESE AND PEAS.<br>SEASONAL FRUIT.<br>SALCHICHÓN SANDWICH.                                      | CUBAN-STYLE RICE.<br>FRIED EGGS WITH BAKED POTATOES.<br>SEASONAL FRUIT.<br>SALCHICHÓN SANDWICH.                | RIB STEW.<br>GRILLED CHICKEN BREAST WITH GREEN BEANS.<br>SEASONAL FRUIT.<br>NOCILLA SANDWICH                   |
| TUESDAY   |        |                                                                                                             | CREAM OF WHITE BEAN SOUP WITH SERRANO HAM AND CHANTERELLE MUSHROOMS.<br>GRILLED TURKEY CHOP WITH BROCCOLI.<br>SEASONAL FRUIT<br>YORK HAM SANDWICH. | TALLARINES A LA AMATRICIANA.<br>LOMO A LA PLANCHA CON COLIFLOR<br>FRUTA TEMPORADA.<br>BOCADILLO JAMÓN YORK.    | CREAM OF COURGETTE SOUP WITH CHEESE.<br>PORK LOIN IN SAUCE WITH SALAD.<br>SEASONAL FRUIT.<br>CHORIZO SANDWICH. |
| WEDNESDAY |        | FARMHOUSE LENTILS.<br>POTATO OMELETTE WITH SALAD.<br>SEASONAL FRUIT.<br>MORTADELLA AND TURKEY SANDWICH.     | VALENCIAN PAELLA.<br>APPETISERS WITH SALAD.<br>CUSTARD.<br>SEASONAL FRUIT.                                                                         | CREAM OF CHICKPEA AND PUMPKIN SOUP.<br>GROUPER IN MERY SAUCE WITH CAPRESSE SALAD.<br>JELLY.<br>SEASONAL FRUIT. | PASTA SALAD.<br>ROAST CHICKEN WITH FRIED POTATOES.<br>PETIT-SUISSE.<br>SEASONAL FRUIT.                         |
| THURSDAY  |        | RICE WITH VEGETABLES,<br>CHICKEN IN SAUCE WITH POTATOES.<br>SEASONAL FRUIT<br>YOGHURT DRINK WITH BISCUITS.  | WHOLEMEAL MACARONI WITH BOLOGNESE SAUCE.<br>TUNA OMELETTE WITH MIXED VEGETABLES.<br>SEASONAL FRUIT.<br>CHEESE SANDWICH.                            | SEAFOOD SOUP.<br>SPICED OMELETTE WITH SWEET POTATO.<br>SEASONAL FRUIT<br>YOGHURT DRINK WITH BISCUITS.          |                                                                                                                |
| FRIDAY    |        | WHOLEMEAL SPAGHETTI WITH CARBONARA SAUCE.<br>BAKED HAKE WITH PISTO.<br>SEASONAL FRUIT.<br>NOCILLA SANDWICH. | FIDEUA.<br>SAUSAGES WITH FRIED TOMATO.<br>SEASONAL FRUIT.<br>NOCILLA SANDWICH.                                                                     | RIB STEW.<br>GRILLED CHICKEN BREAST WITH GREEN BEANS.<br>SEASONAL FRUIT.<br>NOCILLA SANDWICH                   |                                                                                                                |