



MARCH

MINUTA BASAL



	WEEK 1 (FROM 03 TO 07)	WEEK 2 (FROM 10 TO 14)	WEEK 3 (FROM 20 TO 21)	WEEK 4 (FROM 24 TO 28)	WEEK 5 (DAY 31)
MONDAY	RICE WITH CHARD CHICKEN CROQUETTES WITH STEW. FRUIT. TURKEY SANDWICH	LENTJAS. LEAN MEAT WITH TOMATO. FRUIT. SAUSAGE SANDWICH	HOLIDAYS	PUMPKIN CREAM. GRILLED SIRLOIN STEAK WITH CHIPS. FLAN FRUIT.	BOLOGNESE PASTA CHICKEN STUFFED WITH BROCCOLI. SEASONAL FRUIT. TURKEY SANDWICH
TUESDAY	VEGETABLE PURÉE. OMELETTE WITH SALAD. FRUIT. CREAM CHEESE SANDWICH.	RICE WITH CHICKEN AND VEGETABLES. CHEESE OMELETTE WITH COURGETTE. FRUIT. SAUSAGE SANDWICH	HOLIDAYS	THREE DELIGHTS RICE. SAUSAGES WITH TOMATO. SEASONAL FRUIT. HAM SANDWICH.	
WEDNESDAY	SOUP MEATBALLS IN SAUCE. YOGURT. FRUIT.	COURGETTE AND CHEESE PURÉE. HAMBURGER WITH PEAS. FRUIT. HAM SANDWICH	HOLIDAYS	LENTJAS. POTATO OMELETTE WITH SALAD. FRUIT. SAUSAGE SANDWICH	
THURSDAY	RICE WITH VEGETABLES CHICKEN HAMS WITH FRIED POTATO CHIPS FRUIT. SAUSAGE SANDWICH	PASTA WITH MEAT BACON OMELETTE WITH BROCCOLI. YOGURT FRUIT	VEGETABLE FIDEUA. HAM OMELETTE. FRUIT. CHEESE SANDWICH.	NOODLE CASSEROLE. HAKE STICKS WITH PEAS. GELATINE FRUIT.	
FRIDAY	PASTA SALAD TUNA OMELETTE WITH PEPPERS. FRUIT. CHOCOLATE SANDWICH.	SOUP MARINATED LOIN. FRUIT CHOCOLAT WITH CHURROS !!!!!	BAKED RICE. COD IN BATTER WITH VEGETABLES FRUIT. CHOCOLATE SANDWICH	RICE WITH TOMATO REVUEUED. FRUIT. CHOCOLATE SANDWICH	