

W 2 to 3	THURSDAY	Stewed beans. Rice with chicken and vegetables. Omelette. 🍗 Baked chicken. Fried anchovies. 🐟 🌿 Vegetables. Valencian salad. Varied desserts. 🍌
	FRIDAY	Vegetables macarroni. 🍌 Fried eggs. 🍳 Grilled pork tenderloin. Fish in green sauce. 🐟 🌿 Cold meats. 🍖 Vegetables. Valencian salad. Varied desserts. 🍌
Week from 6th to 10th	MONDAY	Stewed chickpeas. Fideua. 🍌 🐟 🌿 🍌 Potato omelette. 🍗 Baked cod. 🐟 Vegetables. Valencian salad. Varied desserts. 🍌
	TUESDAY	Vegetables puree. 🍌 Rice with tomato sauce. Baked eggs. 🍳 Burguer. Tuna cake. 🐟 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	WEDNESDAY	Chicken and vegetables couscous. 🍌 🌿 🍌 Beef stew. Scrambled eggs with spinach. 🍳 Baked chicken wings. Hake in green sauce. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	THURSDAY	Manchego stew. 🍌 Lentils salad. Tuna omelette. 🐟 🍌 Fried anchovies. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	FRIDAY	Russian salad. 🍌 🐟 🍌 Noodle soup. 🍌 Scrambled eggs with zucchini. 🍳 Chicken in sauce. 🍌 Baked salmon. 🐟 🌿 Cold meats. 🍖 Vegetables. Valencian salad. Varied desserts. 🍌
Week from 13rd to 17th	MONDAY	Chickpeas and pumpkin cream. 🌿 🍌 🍌 Turkey round in sauce. Squid with onions. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	TUESDAY	Carbonara spaguetti. 🍌 🍌 Fried eggs. 🍳 Cod with tomato sauce. 🐟 Vegetables. Valencian salad. Varied desserts. 🍌
	WEDNESDAY	Minestrone soup. 🍌 🌿 🍌 Omelette. 🍳 Baked chicken. Breaded hake. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	THURSDAY	Pasta salad. 🍌 🍌 🍌 Lentils with vegetables. Scrambled eggs with eggplant. 🍳 Grilled turkey cutlets. Tuna cake. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	FRIDAY	White beans in vinaigrette. Rice with chicken and vegetables. Baked eggs. 🍳 Breaded hake. 🐟 🌿 🍌 Cold meats. 🍖 Vegetables. Valencian salad. Varied desserts. 🍌
Week from 20th to 24th	MONDAY	Lentils salad. Vegetables puree. 🍌 Scrambled eggs with zucchini. 🍳 Grilled chicken breast. Fried anchovies. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	TUESDAY	Stewed beans. Potato omelette. 🍳 Oven-marinated wings. Hake in green sauce. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	WEDNESDAY	Gratin macarroni. 🍌 🍌 Spinach omelette. 🍳 Baked cod. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	THURSDAY	Russian salad. 🍌 🐟 🍌 🍌 Vegetables fideua. 🍌 🌿 🍌 Baked eggs. 🍳 Squid in sauce. 🐟 🌿 🍌 🍌 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	FRIDAY	Seafood soup with rice. 🐟 🌿 🍌 🍌 Omelette. 🍳 Fried anchovies. 🐟 🌿 🍌 Cold meats. 🍖 Vegetables. Valencian salad. Varied desserts. 🍌
Week from 27th to 31st	MONDAY	Chicken and vegetables couscous. 🍌 🌿 🍌 Lentils with vegetables. Scrambled eggs with mushrooms. 🍳 Cod with tomato sauce. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	TUESDAY	Beef stew. Rice with chicken and vegetables. Fried eggs. 🍳 Grilled chicken breast. Squid with onions. 🐟 Vegetables. Valencian salad. Varied desserts. 🍌
	WEDNESDAY	Zucchini and cheese puree. 🍌 Omelette. 🍳 Sherperd's pie. 🍌 🍌 Breaded hake. 🐟 🌿 🍌 Vegetables. Valencian salad. Varied desserts. 🍌
	THURSDAY	Manchego stew. 🍌 Deviled eggs. 🍳 🐟 Baked chicken. Baked cod. 🐟 Vegetables. Valencian salad. Varied desserts. 🍌
	FRIDAY	Stewed chickpeas. Pasta salad. 🍌 🍌 🍌 Baked eggs. 🍳 Fried anchovies. 🐟 🌿 🍌 Cold meats. 🍖 Vegetables. Valencian salad. Varied desserts. 🍌