

W 2 to 3	THURSDAY	Stewed beans. Rice with chicken and vegetables. Omelette. Baked chicken. Fried anchovies. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Potato stew with ribs. Vegetables macarroni. Fried eggs. Grilled pork tenderloin. Fish in green sauce. Cold meats. Vegetables. Valencian salad. Varied desserts.
Week from 6th to 10th	MONDAY	Stewed chickpeas. Fideua. Potato omelette. Lean with tomato sauce. Baked cod. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Vegetables puree. Rice with tomato sauce. Baked eggs. Burguer. Tuna cake. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Chicken and vegetables couscous. Beef stew. Scrambled eggs with spinach. Baked chicken wings. Hake in green sauce. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Manchego stew. Lentils salad. Tuna omelette. Sherperd's pie. Fried anchovies. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Russian salad. Noodle soup. Scrambled eggs with zucchini. Chicken in sauce. Baked salmon. Cold meats. Vegetables. Valencian salad. Varied desserts.
Week from 13rd to 17th	MONDAY	Cannelloni. Chickpeas and pumpkin cream. Cheese omelette. Turkey round in sauce. Squid with onions. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Stewed potatoes with vegetables. Carbonara spaguetti. Fried eggs. Grilled pork tenderloin. Cod with tomato sauce. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Minestrone soup. Rice with vegetables. Omelette. Baked chicken. Breaded hake. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Pasta salad. Lentils with vegetables. Scrambled eggs with eggplant. Grilled turkey cutlets. Tuna cake. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	White beans in vinaigrette. Rice with chicken and vegetables. Baked eggs. Lean with tomato sauce. Breaded hake. Cold meats. Vegetables. Valencian salad. Varied desserts.
Week from 20th to 24th	MONDAY	Lentils salad. Vegetables puree. Scrambled eggs with zucchini. Grilled chicken breast. Fried anchovies. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Stewed beans. Rice with cauliflower and ribs. Potato omelette. Oven-marinated wings. Hake in green sauce. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Potato stew with ribs. Gratin macarroni. Spinach omelette. Grilled pork tenderloin. Baked cod. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Russian salad. Vegetables fideua. Baked eggs. Meatballs. Squid in sauce. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Meat ravioli. Seafood soup with rice. Omelette. Baked ham in sauce. Fried anchovies. Cold meats. Vegetables. Valencian salad. Varied desserts.
Week from 27th to 31st	MONDAY	Chicken and vegetables couscous. Lentils with vegetables. Scrambled eggs with mushrooms. Breaded lean. Cod with tomato sauce. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Beef stew. Rice with chicken and vegetables. Fried eggs. Grilled chicken breast. Squid with onions. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Bolognese noodles. Zucchini and cheese puree. Omelette. Sherperd's pie. Breaded hake. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Rice with pork and mushrooms. Manchego stew. Deviled eggs. Baked chicken. Baked cod. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Stewed chickpeas. Pasta salad. Baked eggs. Lean with tomato sauce. Fried anchovies. Cold meats. Vegetables. Valencian salad. Varied desserts.