DIANA BENE JAMA
DiEISTA-NUTREICIOASTA
cVoo943

| $\hbar$ | FRIDAY | Vichyssoise. (O) Tuna omelette. © Baked hake. Cold meats. (1) Vegetables. Valencian salad. Varied desserts. (1) |
| :---: | :---: | :---: |
| Week from $4^{\text {th }}$ to $8^{\text {th }}$ | MONDAY | Couscous with chicken and zucchini. (1) Rice with chard. Deviled eggs. Baked hake. Vegetables. Valencian salad. Varied desserts. (1) |
|  | TUESDAY | Lentils salad. Potato stew with chicken. Omelette. Oven-marinated wings. Breaded cod. Vegetables. Valencian salad. Varied desserts. (1) |
|  | WEDNESDAY | Russian salad. (1) Minestrone soup. (1) Scrambled eggs with zucchini. 0 Squid in sauce. Vegetables. Valencian salad. Varied desserts. (0) |
|  | THURSDAY | Stewed chickpeas. Fried eggs. © Grilled chicken breast. Tuna cake. Vegetables. Valencian salad. Varied desserts. (1) |
|  | FRIDAY | Lentils. Potato omelette. $\square$ Grilled fish. Cold meats. Vegetables. Valencian salad. Varied desserts. |
| Week from $11^{\text {nd }}$ to $15^{\text {th }}$ | MONDAY | Potato salad. Lentils with vegetables. Scrambled eggs with zucchini. © Cod balls. (1) (1) Vegetables. Valencian salad. Varied desserts.(1) |
|  | TUESDAY | Rice with chicken and vegetables. Cheese omelette. Baked chicken. Fried fish. Vegetables. Valencian salad. Varied desserts. |
|  | WEDNESDAY | White beans in vinaigrette. Zucchini puree with cheese. Fried eggs. © Squid with onions. Vegetables. Valencian salad. Varied desserts. (1) |
|  | THURSDAY | Gratin macarroni. Spinach omelette. Breaded chicken with turkey ham and cheese. Cod with tomato sauce. Vegetables. Valencian salad. Varied desserts. (O) |
|  | FRIDAY | Stewed chickpeas. Rice with chicken and vegetables. Baked eggs. Baked hake. Cold meats. (O) Vegetables. Valencian salad. Varied desserts. (1) |
|  | WEDNESDAY | Stewed beans. Vegetables fideua. $\square$ Fine herbs omelette. <br> Baked salmon. Vegetables. Valencian salad. Varied desserts. () |
|  | THURSDAY | Minestrone soup. (1) Scrambled eggs with eggplant. © Oven-marinated wings. Breaded cod. (1) Vegetables. Valencian salad. Varied desserts. (O) |
|  | FRIDAY | Chickpeas and pumpkin cream. (1) Baked eggs. © Breaded lean.Baked hake. Cold meats. (O Vegetables. Valencian salad. Varied desserts. (1) |
| $w 25^{\text {nd }} \text { to } 27^{\text {th }}$ | MONDAY | Stewed chickpeas. Zucchini omelette. Cod with tomato sauce. Vegetables. Valencian salad. Varied desserts. (1) |
|  | TUESDAY | Vegetables puree. (O) Carbonara spaguetti. (1) Baked eggs. © Chicken with garlic. Baked hake. Vegetables. Valencian salad. Varied desserts. (0) |
|  | WEDNESDAY | Lentils salad. Beef stew. Potato omelette. Grilled fish. Vegetables. Valencian salad. Varied desserts. O |

