

Week from 8 th to 12 th	MONDAY	Pasta salad. 🍝🍅🍅🍅 Lentils. Omelette. 🍳 Baked chicken wings. Cod balls. 🐟🍅🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	TUESDAY	Russian salad. 🐟🍅🍅 Baked eggs. 🍳 Breaded hake. 🐟🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	WEDNESDAY	Beef stew. Carbonara spaghetti. 🍝🍅🍅 Potato omelette. 🍳 Baked chicken. Fish in green sauce. 🐟🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	THURSDAY	Vegetables puree. 🍷 Scrambled eggs with zucchini. 🍳 Fried anchovies. 🍷🐟🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	FRIDAY	Stewed beans. Rice with chicken and vegetables. Fried eggs. 🍳 Baked cod. 🐟🍅 Cold meats. 🍷 Vegetables. Valencian salad. Varied desserts. 🍰

Week from 15 th to 19 th	MONDAY	Vegetables puree. 🍷 Fideua. 🐟🍷🍷🍷 Scrambled eggs with zucchini. 🍳 Chicken burger. Hake in green sauce. 🐟🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	TUESDAY	Lentils salad. Rice with chicken and vegetables. Baked eggs. 🍳 Cod with tomato sauce. 🐟🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	WEDNESDAY	Gratin macaroni. 🍝🍅🍅 Potato stew with beef. Cheese omelette. 🍳🍷🍷 Breaded chicken breast. 🍷 Grilled fish. 🐟🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	THURSDAY	Manchego stew. 🍷 Stewed chickpeas. Scrambled eggs with mushrooms. 🍳 Squid in sauce. 🐟🍷🍷🍷🍷 Vegetables. Valencian salad. Varied desserts. 🍰
	FRIDAY	Green beans, onion, carrot and potato boiled. Minestrone soup. 🍷🍷🍷 Potato omelette. 🍳 Baked hake. 🐟🍅 Cold meats. Vegetables. Valencian salad. Varied desserts. 🍰

Week 22 nd to 26 th	TUESDAY	Stewed chickpeas. Scrambled eggs with zucchini. 🍳 Baked chicken wings. Breaded hake. 🐟🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	WEDNESDAY	Lentils salad. Baked eggs. 🍳 Chicken in sauce. 🍷 Baked cod. 🐟🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	THURSDAY	Lentils. Zucchini omelette. 🍳 Breaded lean. 🍷 Tuna cake. 🐟🍅🍅 Vegetables. Valencian salad. Varied desserts. 🍰
	FRIDAY	Stewed beans. Rice with chicken and vegetables. Fine herbs omelette. 🍳 Fish in green sauce. 🐟🍅🍅 Cold meats. Vegetables. Valencian salad. Varied desserts. 🍰

Week 29 th to 31 st	MONDAY	Russian salad. 🐟🍅🍅 Minestrone soup. 🍷🍷🍷 Baked eggs. 🍳 Chicken in sauce. 🍷 Squid in sauce. 🐟🍷🍷🍷🍷 Vegetables. Valencian salad. Varied desserts. 🍰
	TUESDAY	Green beans, onion, carrot and potato boiled. Seafood rice. 🐟🍷🍷🍷 Scrambled eggs with zucchini. 🍳 Cod balls. 🍷🍷🍷🍷 Vegetables. Valencian salad. Varied desserts. 🍰
	WEDNESDAY	Pasta salad. 🍝🍅🍅🍅 Lentils. Omelette. 🍳 Breaded hake. 🐟🍅 Vegetables. Valencian salad. Varied desserts. 🍰