

Week 1	FRIDAY	Rice with chard. Vegetables quiche. Breaded fish. Vegetables. Valencian salad. Varied desserts.
Week from 4th to 8th	MONDAY	Tomato cold soup. Turkey eggs. Baked fish. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Boiled green beans, onion, carrot and potato. Cheese croquettes. Breaded squid. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Mashed potatoes. Baked eggs. Fish in green sauce. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Russian salad. Lentils. Scrambled eggs with zucchini. Hake sticks. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Braised beans with vegetables. Potato omelette. Tuna cake. Vegetables. Valencian salad. Varied desserts.
Week from 13th to 15th	WEDNESDAY	Potato stew with vegetables. Fried eggs. Fish in green sauce. Vegetables. Chips. Valencian salad. Varied desserts.
	THURSDAY	Vegetables lasagna. Cheese omelette. Baked fish. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Zucchini cream. Rice with fish. Scrambled eggs with spinach. Breaded fish. Vegetables. Valencian salad. Varied desserts.
Week from 18th to 22nd	MONDAY	Potato salad. Rice with tomato sauce. Baked eggs. Grilled fish. Vegetables. Valencian salad. Varied desserts.
	TUESDAY	Stewed chickpeas. Pasta with vegetables. Scrambled eggs with mushrooms. Fish croquettes. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Fideua. Vegetables cream. Cheese croquettes. Baked fish. Baked potatoes. Valencian salad. Varied desserts.
	THURSDAY	Lentils. Omelette. Fish in green sauce. Vegetables. Valencian salad. Varied desserts.
	FRIDAY	Russian salad. Carrot cream. Breaded fish. Fried chips. Vegetables. Valencian salad. Varied desserts.
Week from 25nd to 29nd	MONDAY	Vegetable fideua. Fried eggs. Grilled fish. Fried chips. Valencian salad. Varied desserts.
	TUESDAY	Braised beans with vegetables. Cheese omelette. Baked fish. Vegetables. Valencian salad. Varied desserts.
	WEDNESDAY	Pumpkin cream. Scrambled eggs with zucchini. Tuna cake. Vegetables. Valencian salad. Varied desserts.
	THURSDAY	Musaka with vegetables. Cheese croquettes. Fish in green sauce. Vegetables. Valencian salad. Varied dessert.
	FRIDAY	Cold tomato soup. Scrambled eggs with zucchini. Breaded fish. Fried chips. Vegetables. Valencian salad. Varied desserts.