

Septembre 2021 menu



8

- Rice with chicken and vegetables
- Zucchini omelette
- Season's fruit
- Cheese sandwich

9

- Mashed vegetables and potato
- Salad fish breadcrumbs the oven
- Milk
- Tuna sandwich

10

- Chicken soup
- Zucchini and potato with chicken hamburger
- Season's fruit
- Cream cheese sandwich

13

- Paella
- Salad with cold meats
- Season's fruit
- Yogurt

14

- Pasta with tomato and tuna
- Mashed carrots with potato omelette
- Milk
- Cheese sandwich

15

- Soup
- Chicken in sauce with fries
- Season's fruit
- Tuna sandwich

16

- Rice with vegetables
- Turkey ham and cheese quiche
- Yogurt
- Cream cheese sandwich

17

- Lentils with vegetables
- Fish in sauce
- Season's fruit
- Rice with milk

20

- Spaguetti Bolognese
- Mushrooms omelette
- Cream cheese sandwich
- Orange cake

21

- Fish rice
- Salad with grilled turkey breast
- Watermelon juice
- Tuna sandwich

22

- Mashed pumpkin and leek
- Chicken hamburger with fried tomato
- Season's fruit
- Yogurt

23

- Stewed chickpeas
- Fish and eggplant omelette
- Season's fruit
- Sandwich cheese

24

- Mushrooms and turkey sirloin rice
- Salad with cold meats
- Fruit salad in syrup
- Milk

27

- Gratin pasta
- Zucchini with fish in bread crumbs in the oven
- Season's fruit
- Tuna sandwich

28

- Baked rice
- Salad with potato omelette
- Season's fruit
- Yogurt

29

- "Fideuà"
- Chicken with fried tomato
- Season's fruit
- Cheese sandwich

30

- Rice in "fesols i naps"
- Cauliflower omelette
- Season's fruit
- Cheese sandwich